

4 HOURS OF PURE BLISS

Experience total relaxation with 45-minute treatments—full-body massage, organic facial, foot & hand pampering, and a wave system massage.

Also, refresh with 10 minute breaks, a 30-minute snack to refuel, and access to the spa's luxurious amenities.

Packages starting at \$1500 for groups of 4, 8, and 12 people.



WELLNESS EXPERIENCE

Packages provide a full body wellness experience

YOUR TIME, YOUR RETREAT

Groups can choose the time that best suits their needs. Each group session covers a 4 hour retreat and can be scheduled according to the group's preference, Monday through Thursday.

CATERING OPTIONS

Enjoy complimentary tea, sparkling wine, and refreshers during your group experience.

Customized food and drink menu available upon request.

TREATMENTS

BODY IN BALANCE MASSAGE

An essential massage that smooths out the stress and targets troubled muscles with this full-body signature Swedish Style massage.

Upgrades available upon request.

ORGANIC FACIAL

A classic organic facial includes cleansing, exfoliation, extractions, and a built-to-suit experience for fabulous skin.

HAND/FOOT PAMPER

Ultra hydration lathers the hands and feet before warm gloves and booties are applied to soften the skin and prepare them for a hand and foot massage.

DRY WATER WAVE MASSAGE

Relax on the WellSystem Wave Table while pressurized jets relieve tension and improve circulation. Enjoy LED therapy and calming sounds for a complete wellness experience.

YOU TIME

Enjoy time exploring the spa's many amenities, including Reflection Lounge, Salt Room, Infrared Sauna, Seasonal Pool & Hot Tub, and Fitness Center.

ZEN MEDITATION

Relax in a zero-gravity chair while enjoying calming meditation music. This experience is accompanied by a weighted blanket, eye pillow, and neck warmer for complete relaxation.



THE REFUGE SPA

Located on the 4th floor of the Renaissance Reno Downtown Hotel
One South, Lake St, Reno, NV 89501

Please Contact the Corporate Wellness Concierge to book your retreat today!
info@TheRefugeSpa.com



775-433-0300
therefugespa.com



THE REFUGE SPA

REST, RECOVER, AND RISE ABOVE IT ALL

CORPORATE
WELLNESS
RETREAT

Studies show that positive emotions can enhance creativity and problem-solving abilities, with relaxed employees being more than 30% more creative than those under stress.

- Harvard Business Review 2021

THE REFUGE IS YOUR GO-TO CORPORATE WELLNESS FACILITY

INCREASED PRODUCTIVITY

Participants return to work revitalized, boosting productivity, creativity, and efficiency.

TEAM ENRICHMENT

Strengthen relationships through shared experiences, fostering collaboration and communication.

REDUCE BURNOUT

Regular retreats help combat burnout, giving employees a chance to disconnect and recharge.

INVEST IN YOUR WORKFORCE

The Refuge Spa is your destination for workweek corporate retreats. Investing in your workforce enhances overall well-being and productivity, setting your business up for long-term success.



CORPORATE WELLNESS RETREAT TIMELINE

A full body experience curated for complete relaxation



EVERYONE BENEFITS

EVERY EMPLOYEE IN YOUR COMPANY ENJOYS A 1-YEAR 30% DISCOUNT WHEN YOU BOOK AN 8 TO 12 PERSON PACKAGE.

OFFER VALID MONDAY - THURSDAY. BLACKOUT DATES APPLY.

THE REFUGE SPA

4 PERSON PACKAGE \$1500

- 4 Body Massages
- 4 Facials
- 4 Hand/Foot Pamper
- 4 Wave Massages

8 PERSON PACKAGE \$2600

- 8 Body Massages
- 8 Facials
- 8 Hand/Foot Pamper
- 8 Wave Massages
- 1-Year 30% Off Discount for All Employees*

12 PERSON PACKAGE \$3800

- 12 Body Massages
- 12 Facials
- 12 Hand/Foot Pamper, Wave Massages, with Zen Meditation
- 1-Year 30% Off Discount for All Employees*

Packages may be increased in increments of four people.

*With the purchase of 8 or 12-person packages, companies will receive a 1-Year 30% discount for all employees. Discount may be applied to all spa treatments, Monday through Thursday. Blackout dates apply. Offer cannot be combined with other offers.

